



AGEING WELL VICTORIAN HUB CO-HOSTED FIRST OF 3 FREE SEMINARS 2008

“Accessing affordable and nutritious food: Influences on healthy ageing”

This seminar, the first in a series of three for 2008 was launched by

Noeline Brown, Ambassador for Ageing for Federal Government who spoke about the importance of good food in the lives of older people and set the broad scene for the speakers

Other speakers included :

Merle Mitchell, Chair, Ministerial Advisory Council of Senior Victorians reported on the findings of a recent community consultation undertaken by the MAC with older Victorians.

Dr Jane Barratt, Secretary General of International Federation on Ageing took the opportunity to announce that COTA (Vic) has been awarded the 2010 IFA Conference to be held in Melbourne.

The seminar took as its focus food security and sustainability – access to healthy and nutritious food - in relation to healthy ageing and a focus on strategies to ensure all older Victorians are able to access and eat affordable and nutritious food.

The seminar was very well attended with over 200 people registered to attend. The audience comprised many older people as individuals and representatives of community agencies, local government providers and policy makers and academics involved in research.

Lunch was provided and many of the attendees stayed on to talk and network.

Other Speakers were:

Professor Colette Browning, Director MonRAS (Monash University Research for an Ageing Society), Victorian Convenor, ARC/NHMRC Ageing Well Research Network

Dr Susan Feldman and **Dr Harriet Radermacher** (both Monash University) and **Professor Steve Bird** (RMIT) on the Melton Shire Council Food Study on older people

Pamela Newton, Coral Crameri and Lillian Campos, Melton Shire Council, on council policy and service planning

Associate Professor Gerry Naughtin, Brotherhood of St Laurence and Faculty of Health Sciences, La Trobe University

The seminar is part of a series, “Preparing for Change in an Ageing Society” (details at www.med.monash.edu.au/sphc/haru). It is convened by the ARC/NHMRC Ageing Well Research Network, Brotherhood of St Laurence, Council on the Ageing Victoria, Victorian Ministerial Advisory Council for Seniors, Monash University and La Trobe University.

The other seminars for 2008 will be:

Urban and rural renewal: The impact on older people – 28 August

Building an environment for an ageing society: Physical and social planning – 27 November